

Episode 55 – Effort Surpasses Talent Any Day

Some people believe that the talented and gifted are the ones who will be most successful. There are many talented people out in the world who are not successful and part of that is because they became complacent. There are times when a talented person finds things so routine that they no longer care attention to the finer mechanics that they once did. The person who put in effort and practices practices, and practices and continues to study and strive to improve will surpass the talented one. They are always seeking to improve.

I'm not saying that all people who are talented don't put any effort. Everyone is talented in some way. And it takes time for people to figure out what their talent actually is. Sometimes we spend so much time focused on fixing our weaknesses that we fail to see where our strengths truly lie. It is said that we should be paying more attention and focus on developing our strengths. In developing our strengths, we do about unstoppable belief in ourselves and we become more motivated to go toward the goal. Now if you're talented and you don't believe you have a talent you limit the success that you're going to achieve.

Daniel Coyle, the author *The Talent Code* studied the hotbeds of the world. These were the tiny places which produced large numbers of world-class performers in a variety of areas of sports, arts, music, and business everywhere from the Moscow tennis club to the Dallas vocal studio. Two suggestions he offers is being very observant of those whose talent you admire and steal concepts that work for you. I don't mean plagiarize or violate any copyrights. Why reinvent the wheel? Do something in your own style or create your own method. Learn from others and look for ways to do it in your own way.

Your level of effort tends to come from how much you believe in yourself. If you are overcome with self-doubt or have a lack of belief you will cap the level of your success. The only way you can see what you capable of, is to take action. We do not tap into all of our skills as much as we could. We usually need to be challenged in some way to tap into our internal resources. What you will probably learn is that many of the challenges we face are the challenges created in our minds.

Effort is fueled by a person's passion to achieve a goal. With commitment, determination, and perseverance achieving what seemed impossible can become possible. Don't be afraid to put in the hard work necessary to achieve your goals. You will get better through repetition and paying attention to the smallest increments of change.

Daniel Coyle also talked about how hockey great Wayne Gretzky would fall while doing solitary drills on the ice. Gretzky purposely did this so he would find ways to improve his skating ability. In Hank Haney's book about Tiger Woods, he talks about how Tiger

Woods would change up his swing so that he could develop greater precision with his swing. By disrupting patterns and practicing a new ways, you create new neuropathways that provide an opportunity to rewire the way you do things and by doing so they achieve greater success. Even with talent in order to get better you have to be willing to make mistakes and to learn from them see you can become better at your strengths.

Put in the effort let them take your talents farther than you allow them to be. You are meant for greatness- don't hold back.

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