DKI Episode 15 – Imagine the Possibilities

Logic will get you from A to B; imagination will take you everywhere." Albert Einstein

What I want to focus on today is helping you stretch out of your comfort zone and thinking about shifting from any impossible thinking that you might have to into the world of possibility. You want to be in that dream state to be able to explore what is possible. This is when your mind is like a popcorn machine - all those kernels popping around like all the ideas coming out of your head. I love to brainstorm. It is one of my most favorite things to do next to mind mapping. Your dreams are only limited by your mind. I am not talking about fluff



dreams. I am talking about concrete dreams that you turn into goals and take steps to actually get to where you want to go. You tap into your full potential.

There is a quote that says you would completely astound yourself if you truly knew what you are capable of. We don't use everything that we're capable of doing because there's so many things that we can do and tap into we have so many hidden talents and so little time. I don't have the time or when even find the time. If not now, when? If not you, who else is going to be doing it? Sometimes people say, "I've made mistakes or failed. It would be impossible for me to resurrect myself to be seen in the same light or achieve the same things that I have. You heard stories of people who have become millionaires, maybe have gone bankrupt, and they were able to build an empire. You know not everyone is in that the state of being the millionaire. Often people say things about The Millionaire Woman Show, it isn't about one million bucks; it's about living rich from the inside out - feeling like a million bucks and growing into the person you are meant to be through leadership, business, and developing human potential. You must put out the intention to grow into it.

"Your mistake does not define who you are, you are your possibilities." Oprah Winfrey

I want you to give yourself permission to dream. Who would've thought about websites like Pinterest, Etsy, and all these different websites of people getting creative and innovative all these possibilities around us? Think about what is possible. This is where all these great inventions have come from. This is how entrepreneurs are born because they are always looking for a better way of how to improve something or create a solution to something. Think of the creator of Spanx, Sara Blakely, she was trying to create a solution by the cutting off the legs of nylons so she could wear nylons under her pants. This creativity led to a whole new line of body shapewear. Many women are

grateful for this! It was innovative and creative. It turned into a business solution for women around the world. What could be possible if you allow yourself to dream?

"Some people see things as they are and say why? I dream things that never were and say why not?" - George Bernard Shaw

Consider the things that you want to do in your life" What are the possibilities? Ask yourself: If not you, who? If not now, when? Why not? Think about those things. Stretch out of your comfort zone. Start dreaming! You are only limited by your mind. Imagine the possibilities. I want you to take the time to really dream about what is possible for you. If you could be, do, or have anything that would that look like?

Create a vision board. A vision board is just not a collage pretty pictures; it is something that allows your mind to expand. It is a collage and not a piece of art. I do not want you to frame it and thinking this is beautiful. I want you to use it as a tool and then set goals based on what is on your board. Break your goals down into smaller pieces. Check out of goalsetting and make plans to start taking action toward what it is you truly want to happen to those possibilities actually making them become reality.



We would love to hear from you and let us know how this podcast is serving you. Give us ideas of some of the topics you'd like to hear and even people you want us to interview because our phase 2 of the show is that we will start interviewing people later on in a couple weeks here. We would love to hear from you. Together we can help serve the world on the global stage of this podcast The Millionaire Woman Show helping you live rich from the inside out so give a five-star rating on iTunes or Google Play. Subscribe to us on iTunes or Google Play. You can e-mail us at Debra@DebraKasowski.com. I was so glad to spend this time with you. Go out and be the change in the world and just as Gandhi said. You can make the difference. Don't forget those possibilities are standing right in front of you!

DEBRA KASOWSKI, BScN CEC is an award-winning best-selling author, transformational speaker, blogger, and Certified Executive Coach. She has a heart of a teacher and is certified in Appreciative Inquiry and Emotional Intelligence. Her writing has been published in a variety of print and online magazines. Debra Kasowski International helps executives, entrepreneurs, and organizations boost their productivity, performance, and profits. It all starts with people and passion. Sign up the Success Secrets Newsletter and get your free mp3 download today! www.debrakasowski.com